



# Speak your mind..

Doctors of Maulana Azad Medical College

"Everyday you wash your home,  
your dishes and your body, just how  
many times since you were born have  
you washed your Mind?"

MHIM,  
Current COVID war is exacting a  
hidden toll on mental health of first  
line doctors. To combat this invisible  
threat Maulana Azad Medical  
College launches "Online psychology  
support" to reduce mental stresses  
of our residents fighting this pandemic.  
The counselling sessions will be  
conducted by an expert counsellor  
for 6 days a week, Monday to  
Saturday, 6-8pm.

**We care.**

All Residents (clinical/pre/paraclinical) doing COVID duty would be counselled once during their duty and at the beginning of quarantine.

Residents who wish to avail these services, or her / his friend contact Psychologist, Dr Diksha Gupta between

Monday to Saturday, 6-8pm via WhatsApp/Phone/email

Dr Diksha Gupta Ph-7814460388 ,email id- dg8427995094@gmail.com