

Standard Operating Procedures in Corona times

Department of Physiology
MAMC and associated hospitals
New Delhi

Standard Operating Procedures

(SOPs)

Students attending college during COVID -19 pandemic are supposed to follow certain practices .

- 1. Rt- PCR report and Arogya Setu app*
- 2. Thermal screening*
- 3. Self-declaration of Covid like symptoms*
- 4. Social distancing*
- 5. Carry hand sanitizer , Face mask and own instruments*
- 6. Sitting arrangements*
- 7. Student movements*

Rt- PCR report and Arogya Setu app

- All students on resumption of routine college have to carry recent ***Rt-PCR report*** as per the NMC/College guideline.
- ***Arogya Setu app*** has to be downloaded in everyone's mobile and same should be updated regarding symptoms etc everyday.

Thermal screening

- All students have to go mandatory thermal screening before entering LTs and labs at all times.

Self-declaration of Covid like symptoms

Students have to declare if they suffer from any of the following -

- Fever
- Cold / runny nose
- Myalgia , headache
- Loss of taste / smell
- Shortness of breath (SOB)
- GIT disturbance

Social distancing

- Proper distancing has to be maintained at all times.
- No group activities are allowed in the department.

Carry hand sanitizer , Face mask , Apron and own instruments

- Students should be wearing Apron at all times
- Hand sanitizer/soap/handwash should be carried at all times
- **N 95** face mask without (valve) covering nose and mouth.
- Own instruments like – Stethoscope, BP app, Measuring tape, torch, lancet/pricking needle, spirit swab, Knee hammer.

Sitting arrangements

- Students have to remain at their work stations that would be marked as per their role numbers in lab and LTs.
- No switching of work stations / moving around is permitted in lab / Lts.

Student movements

- The students are advised not to use lift or inner corridors of the department for transit.
- Entry and exit to the labs has to made via the outer stair case.
- The students should remain in the lab in which they are having class and not go around to other labs.

Department of Physiology

Teaching schedule 2019 – 20 batch

Students are advised to report 15 minutes before at the respective venues as per scheduled

DAY/DATE/BATCH	10am to 12noon	1.30pm to 3.30pm	Residents	Faculty
Thursday 14/01/2021 Batch 'C'	168 – 188 (Exp Lab) 189 – 209 (Hemat Lab)	210 – 230 (Exp Lab) 231 – 250 (Hemat Lab)		
Friday 15/01/2021 Batch 'A'	001 – 021 (Exp Lab) 022 – 042 (Hemat Lab)	043 - 063 (Exp Lab) 064 - 084 (Hemat Lab)		
Saturday 16/01/2021 Batch 'B'	085 – 126 (LT -I) 127 – 167 (LT-II)	-----		
Monday 18/01/2021 Batch 'C'	168 – 188 (Hemat Lab) 189 – 209 (Exp Lab)	210 – 230 (Hemat Lab) 231 – 250 (Exp Lab)		
Tuesday 19/01/2021 Batch 'A'	001 – 021 (Hemat Lab) 022 – 042 (Exp Lab)	043 - 063 (Hemat Lab) 064 - 084 (Exp Lab)		
Wednesday 20/01/2021 Batch 'B'	085 – 105 (Hemat lab) 106 – 126 (Exp Lab)	127 – 147 (Hema Lab) 148 – 167 (Exp Lab)		
Thursday 21/01/2021 Batch 'C'	168 – 209 (LT-I) 210 – 250 (LT-II)	-----		
Friday 22/01/2021 Batch 'A'	001 - 042 (LT-I) 043 - 084 (LT-II)	-----		
Saturday 23/01/2021	ONLINE CLASSES			
Monday 25/01/2021				
Wednesday 27/01/2021 Batch 'B'	085 – 105 (Exp lab) 106 – 126 (Hemat Lab)	127 – 147 (Exp Lab) 148 – 167 (Hemat Lab)		

Revision Test schedule 2019 – 20 batch

Students are advised to report 15 minutes before at the respective venues as per schedule

PAPER – I (100 Marks)

Blood, Cardiovascular physiology, Respiration, Kidney, GIT including Nutrition, AETCOM and Integrated Physiology

PAPER – II (100 Marks)

Gen Physiology, Nerve – Muscle Physiology, Central nervous system, Special Senses, Endocrines, Reproduction and Integrated Physiology

DAY/DATE/TIME	Roll No /Venue	Roll No/Venue
PAPER - I		
Thursday (28/01/2021) 10am to 1pm BATCH 'C'	168 – 209 (LT - I)	210 – 250 (LT - II)
Friday (29/01/2021) 10am to 1pm BATCH 'A'	001 – 042 (LT - I)	043 – 084 (LT - II)
Saturday (30/01/2021) 10am to 1pm BATCH 'B'	085 – 126 (LT - I)	127 – 167 (LT - II)
PAPER - II		
Monday (01/02/2021) 10am to 1pm BATCH 'C'	168 – 209 (LT - I)	210 – 250 (LT - II)
Tuesday (02/02/2021) 10am to 1pm BATCH 'A'	001 – 042 (LT - I)	043 – 084 (LT - II)
Wednesday (03/02/2021) 10am to 1pm BATCH 'B'	085 – 126 (LT - I)	127 – 167 (LT - II)



Thank you